

Reg. No.: .....



Name: .....

**University of Kerala**

W7940

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

**PSYCHOLOGY**

**UK1DSCPSY107 - ADOLESCENT PSYCHOLOGY**

Academic Level: 100-199

**2024-Admission**

**Time: 1 Hour 30 Minutes(90 Mins.)**

**Max. Marks: 42**

**Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark  
Each.Answer all questions**

| Qn No. | Question                                                                                                                                                                                                                                           | CL | CO |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----|
| 1      | Kohlberg's theory of moral development is divided into three levels: pre-conventional, conventional, and _____.<br><br>Options :<br>A)Formal<br>B)Concrete<br>C)Post-conventional<br>D)Pre-operational                                             | RE | 1  |
| 2      | _____ is the biological process during adolescence when an individual becomes capable of reproduction.<br><br>Options :<br>A)Menopause<br>B)Puberty<br>C)Growth spurts<br>D)Cognitive development                                                  | RE | 1  |
| 3      | Gender role refers to:<br><br>Options :<br>A)Biological Differences<br>B)Social expectations<br>C)Moral Differences<br>D)Sexual Disorders                                                                                                          | UN | 3  |
| 4      | _____ is the primary focus of Vygotsky's view.<br><br>Options :<br>A)Individual<br>B)Culture<br>C)Sociocultural influence<br>D)Unconsciousness                                                                                                     | UN | 2  |
| 5      | Secondary sexual characteristics are responsible for which of the following?<br><br>Options :<br>A)A. Direct reproductive function<br>B)B. Non-reproductive physical traits related to sex<br>C)C. Brain development<br>D)D. Cognitive development | UN | 1  |

| Qn No. | Question                                                                                                                                                                                                         | CL | CO |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----|
| 6      | Resilience refers to an individual's ability to:<br><br>Options :<br>A) Avoid risk-taking behavior<br>B)Engage in gender-role transcendence<br>C)Adapt and recover from adversity<br>D)Develop a sexual identity | UN | 2  |

**Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions**

| Qn No. | Question                                                                                                    | CL | CO |
|--------|-------------------------------------------------------------------------------------------------------------|----|----|
| 7      | Discuss how puberty affects adolescents' physical and emotional development.                                | UN | 2  |
| 8      | Explain Kohlberg's stages of moral development.                                                             | UN | 2  |
| 9      | How do societal expectations influence adolescent behavior?                                                 | AP | 4  |
| 10     | Demonstrate how biological, social, and cognitive factors interact to shape gender identity in adolescents? | AP | 3  |

**Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options \* within each question**

| Qn No. | Question                                                                                                                                                                                                                                                                                                                      | CL | CO   |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|------|
| 11     | A)<br><br>Analyze the historical perspectives on adolescence in the early 20th and 21st centuries and their impact on the treatment and understanding of adolescents.<br><br>OR<br>B)<br><br>Explain why resilience is important for adolescents dealing with stress. What strategies can they use to build their resilience? | AP | 1, 3 |
| 12     | A)<br><br>Discuss Kohlberg's stages of moral development and how they influence adolescent behavior.<br><br>OR<br>B)<br><br>Analyze the impact of hormones on both the physical and emotional development of adolescents. How do these changes influence behavior differently in males and females?                           | AN | 2, 4 |
| 13     | A)<br><br>Examine the influence of biological, social, and cognitive factors on gender development, including gender stereotypes and gender roles classification.                                                                                                                                                             | EV | 3, 4 |

| Qn No. | Question                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | CL | CO   |
|--------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|------|
|        | <p>OR</p> <p>B)</p> <p>Critically examine the impact of depression and suicide among adolescents. Suggest preventive strategies and the role of resilience in overcoming these issues.</p>                                                                                                                                                                                                                                                                                     |    |      |
| 14     | <p>A)</p> <p>Design a comprehensive support program for adolescents experiencing high levels of stress. Your program should integrate coping strategies and resilience-building activities. Explain how each component of your program promotes healthier developmental outcomes for stressed adolescents.</p> <p>OR</p> <p>B)</p> <p>Puberty is the same and predictable for everyone, considering individual differences and cultural influences'. Justify the statement</p> | CR | 4, 1 |