

Reg. No.:



Name:

University of Kerala

U9138

Second Semester FYUGP Degree Examination, April 2025

Discipline Specific Core Course

PSYCHOLOGY

UK2DSCPSY114 - PSYCHOLOGY OF RELATIONSHIPS

Academic Level: 100-199

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark Each.Answer all questions

Qn No.	Question	CL	CO
1	According to the Evolutionary Perspective, men tend to prefer mates who demonstrate Options : A)Social status B)Physical attractiveness and fertility C)Intelligence D)Wealth	RE	1
2	Which of the following is a common source of conflict? Options : A)Expressing emotions openly B)Collaborative decision-making C)Poor communication D)Respectful disagreement	RE	1
3	Emotional intelligence supports communication in relationships because .. Options : A)It allows for increased dominance in conversation B)It helps avoid any emotional expression C)It promotes empathy and self-regulation D)It ensures one always wins an argument	UN	1
4	Which cultural factor most influences love and intimacy? Options : A)Collectivism B)Political stability C)Economic status D)Weather conditions	UN	2
5	Why are boundaries important in relationships? Options : A)They help in maintaining individuality and mutual respect. B)They create distance and weaken emotional bonds. C)They encourage complete dependence on each other. D)They reduce the need for communication.	UN	1
6	How does one way grief affect individuals after a breakup? Options : A)It strengthens all future relationships B)It causes emotional distress and possible mental health issues	UN	4

Qn No.	Question	CL	CO
	C)It has no emotional impact D)It immediately leads to personal growth		

Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions

Qn No.	Question	CL	CO
7	List two key applications of relationship psychology.	UN	1
8	Describe the role of religious beliefs in shaping relationship dynamics.	UN	4
9	Suggest two ways to rebuild trust in a romantic relationship affected by social media.	AP	2
10	Demonstrate how collaborative problem-solving can be used in a friendship conflict.	AP	2

Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options * within each question

Qn No.	Question	CL	CO
11	A) Discuss the role of cultural and religious practices in shaping coping mechanisms for grief and relationship dissolution. OR B) Demonstrate how emotional intelligence can be applied to improve workplace relationships across different generations, in an organization.	AP	4, 2
12	A) Analyze how cultural and religious norms may influence the expectations placed on individuals in romantic relationships. Use examples from at least two different cultures or religions. OR B) Analyse the role of emotional regulation in maintaining long-term relationships and suggest ways to improve emotional expression.	AN	4, 4
13	A) Critically evaluate the influence of social media on breakups and relationship satisfaction. OR B) Evaluate the effectiveness of repair strategies in maintaining long-term relationships. Provide real-life examples.	EV	4, 3
14	A)	CR	4, 5

Qn No.	Question	CL	CO
	Design a self-care plan for someone going through a relationship breakup. Include emotional, social, and behavioral components. OR B) Develop a communication model for resolving misunderstandings in a multicultural workplace.		