

Reg. No.:



W7703

Name:

University of Kerala

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

PSYCHOLOGY

UK1DSCPSY104 - FOUNDATIONS OF PSYCHOLOGY

Academic Level: 100-199

2024-Admission

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

**Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark
Each.Answer all questions**

Qn No.	Question	CL	CO
1	Name the basic unit of the nervous system Options : A)Tissue B) Neuron C)Organ D)Muscle	RE	5
2	In an experiment, the variable that the researcher manipulates is called the: Options : A)Dependent variable B)Independent variable C)Confounding variable D)Control variable	RE	1
3	Name the substance that covers some axons to speed up the transmission in neurons. Options : A)Neuropeptides B)Synapse C)Myelin D)Axoplasm	UN	5
4	Structuralism was centered on _____. Options : A)Investigating the Structure of body B)Investigating the Structure of mind C)Investigating the Structure of human soul D)Investigating the Structure of learning	UN	1
5	----- suggests that the goal of psychology is to study the structure of the mind and consciousness. Options : A)Darwin B)Structuralism C)Behaviorism D)Aristotle	UN	1
6	A variable that is measured in an experiment is known as:	UN	4

Qn No.	Question	CL	CO
	Options : A)Independent variable B)Dependent variable C) Extraneous variable D)Confounding variable		

Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions

Qn No.	Question	CL	CO
7	Explain the concept of self-actualization in humanistic psychology.	UN	3
8	Explain the survey research method in psychology.	UN	4
9	A teenager becomes extremely anxious during exams and experiences a racing heart, sweating, and difficulty concentrating. Using your understanding of the limbic system, explain how its structures contribute to these emotional and physical reactions.	AP	5
10	Given a scenario where a psychologist is conducting research on how memory works and another psychologist is helping students improve their academic performance, explain how the pure and applied branches of psychology are demonstrated in these roles.	AP	2

Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options * within each question

Qn No.	Question	CL	CO
11	A) How does the case study method differ from other survey method in psychology, and what are its advantages and limitations? OR B) Using a modern psychology perspective, what factors would you consider when designing a study on how social media affects mental health?	AP	4, 3
12	A) Critically analyze the key differences between clinical psychology and counseling psychology, focusing on their approaches, goals, and methods of practice OR B) Analyze the contributions of the Gestalt and cognitive perspectives in understanding how people perceive and process information	AN	2, 3
13	A)	EV	2, 4

Qn No.	Question	CL	CO
	Evaluate the pure and applied branches of psychology in relation with current societal changes OR B) Evaluate the strengths and weaknesses of the survey and correlational research methods in terms of their applicability and reliability in psychological research.		
14	A) Analyze the key concepts of the psychodynamic perspective and compare how each contributes differently to explaining human behavior. OR B) Evaluate the importance of ethical considerations in psychological research.	CR	3, 4